



AmeriCorps Seniors RSVP Volunteer (55+) Opportunities

More Info: (801) 525-5094 or rsvp@co.davis.ut.us

- **Home Delivered Meals** - Volunteers deliver lunches to homebound seniors in county vehicles. Help is needed in Clearfield, Kaysville, and Bountiful. Hours vary from 9:00-12:30 M-F (days are flexible). Training is provided.
- **Senior Center Meals** - Volunteers assist with lunches provided at the Senior Activity Centers in Clearfield, Kaysville, and Bountiful. Hours vary M-F (days are flexible).
- **Front Desk Receptionist at Senior Centers** - Volunteers assist with answering phones, greeting and checking in Senior Center attendees and complete other light office duties. Weekly 3 ½ - 4 hour shifts are available in the morning and afternoon M-F in Clearfield, Kaysville, and Bountiful.
- **Activities Instructors/Coordinators at Senior Centers** - Volunteers lead/teach various classes, including exercise, crafts, art, card making, book club, etc.
- **Reading Mentors** - Volunteers work one-on-one with elementary school students to improve reading and comprehension skills. Multiple locations throughout Davis County are available. Hours are flexible and vary (generally, 1-2 hours, once or twice per week).
- **Medicare Assistance** - Volunteers assist those who have Medicare, will soon be receiving Medicare or a caregiver of someone on Medicare. Volunteers answer questions, help with enrollment, teach Medicare beneficiaries how to spot and protect themselves from Medicare fraud and help find programs that may reduce the costs associated with Medicare.
- **Friendly Caller** - Volunteers are matched with homebound or isolated seniors and make weekly calls to help increase social interaction, reassurance, and wellness checks. Volunteer from home with flexible hours.
- **Long-Term Care Ombudsman** - Volunteers advocate for resident rights in skilled nursing and assisted living facilities. Training is provided.
- **Davis County Animal Care** - Volunteers walk dogs, cuddle kitties or help with office and custodial duties.
- **Evidence-Based Classes (Fall Prevention and Living with Chronic Conditions)** - Volunteers co-facilitate these evidence-based programs in weekly workshops throughout Davis County. Must commit to attending all six weekly sessions (3 hours including set-up/take-down). Training provided.

- **Volunteer From Home - Operation Gratitude, Operation Gratitude Cards, Scarves for Troops, and Operation Bundles 4 Babies** - Volunteers knit, crochet or sew blankets, hats, burp cloths, etc., for gift baskets in support of military families of the 419th Air Force & Reserves as they welcome new babies. Knit scarves for troops (guidelines provided). Write “thank you” letters and make greeting cards for US Troops deployed overseas.
- **Hospital Volunteers** - Hospital volunteers assist with information and referral, wheeling patients to test or discharge, staffing the gift shop, delivering flowers/supplies, and/or light office duties. Training is provided.
- **Antelope Island State Park** - Volunteers serve at the visitor center, gift shop, Fielding Garr Ranch, or on Trail Patrol, helping to maintain the park. Training is provided.
- **Eccles Wildlife Education Center** - Volunteers serve as welcome hosts (morning and afternoon shifts), assist Program Specialists with field trip activities, and Trail Maintenance to keep nature trails at Farmington Bay in good condition.
- **Food Pantry** - Volunteers help collect, sort, catalog, package, and distribute food to clients and assist with client intake at the Bountiful Community Food Pantry in Bountiful. Grocery Rescue Volunteers are needed as well to pick up food at local grocery stores (Monday-Saturday from 7:00am-10:00am).
- **Safe Harbor Crisis Center** - Volunteers serve at the Lifeline Center Shelter and assist with childcare, the Crisis Response Team, teach Life Skills Classes and more. Training will be provided.
- **Alzheimer’s Association** - Volunteers serve as community educators, community representatives and support group facilitators for the association. Training will be provided.
- **AARP** - Volunteers serve as client facilitators, tax aide coordinators, counselors, etc. for the association. Training will be provided.
- **Heritage Museum of Layton** - Museum volunteers perform a wide variety of services, including assisting to photograph objects in the collection, write up descriptions about artifacts and items in the collection, assist in transcribing handwritten documents and oral histories, and assist visitors to the museum. Assisting visitors involves facilitating the monthly scavenger hunt, answering questions, giving tours of the museum, and occasionally, assisting with tours of the Pioneer Cabin on the grounds of the museum.