









# Healthy People 2030

## Initial Summary, Davis County, Utah


Healthy People 2030 provides a comprehensive set of data-driven national objectives to improve health and well-being over the next decade. A smaller group of high-priority objectives, known as Leading Health Indicators (LHIs), address important factors that impact major causes of death and disease. Healthy People 2030 has a strong focus on eliminating health disparities and creating equitable opportunities for people to live healthy lives. **Out of the 23 LHIs, Davis County is meeting targets for 10 (✓) indicators, is not meeting targets for 9 (✗) indicators, and county data is lacking for 4 (\*) indicators.**

	Healthy People 2030 Target	Davis County	Status
 <b>Access to Health Services</b>			
Persons with medical insurance	92.1%	92.6% ^ (IBIS, 2020)	✓
 <b>Clinical Preventative Services</b>			
Newly diagnosed diabetes cases (per 1,000 adults)	4.8	7.8 (CDC, 2018)	✗
Older adults receiving colorectal cancer screening	74.4%	78.2% ^ (IBIS, 2020)	✓
Population receiving flu vaccine	70.0%	52.9% ^ (IBIS, 2020)	✗
 <b>Environmental Quality</b>			
Days exposed to unhealthy air	7,953,638 AQI	6,946,512 AQI ^ (EPA, 2018-2021)	✓
 <b>Injury &amp; Violence</b>			
Homicide deaths (per 100,000 persons)	5.5	1.3 (IBIS, 2011-2020)	✓
 <b>Maternal, Infant, &amp; Child Health</b>			
Maternal deaths (per 100,000 live births)	15.7	19.8 † (CDC, 2011-2020)	✗
Infant deaths (per 1,000 live births)	5.0	6.0 (IBIS, 2018-2020)	✗
 <b>Mental Health</b>			
Adolescents with depression getting treated	46.4%	41.7% (SHARP, 2021)	✗
Suicide deaths (per 100,000 persons)	12.8	17.5 (IBIS, 2020)	✗

 Nutrition, Physical Activity, & Obesity

Adults meeting physical activity objectives	28.4%	27.7% (IBIS, 2019)	
Obesity among children & adolescents	15.5%	8.8% † (IBIS, 2019)	




 Oral Health

Persons who visited the dentist in the past year	45.0%	76.1% ^ (IBIS, 2020)	
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 Reproductive & Sexual Health

Knowledge of HIV status	95.0%	Utah: 84.6% * (CDC, 2019)	
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 Social Determinants

Employment in working-age people	75.0%	75.7% (ACS, 2020)	
Food insecurity & hunger	6.0%	7.8% (FA, 2020)	
4th graders who are at or above reading level	41.0%	Utah: 40.0% * (NAEP, 2019)	

 Substance Abuse

Adults binge drinking in the last month	25.4%	8.4% (IBIS, 2020)	
Drug overdose deaths (per 100,000 persons)	20.7	16.3 (IBIS, 2017-2020)	

 Tobacco

Cigarette smoking in adults	6.1%	6.9% (IBIS, 2020)	
Current adolescent tobacco use (vaping)	11.3%	5.6% † (SHARP, 2021)	

Notes

\* County data unavailable; state rate used when available. Two LHIs had no state data (sugary drink calories consumed & controlled hypertension).

† Available local/state data definition does not exactly match Healthy People definition.

^ Impacted by COVID-19, may not reflect true trend.

Sources

- Utah Public Health Indicator Based Information System (IBIS): [ibis.health.utah.gov](http://ibis.health.utah.gov)
- Centers for Disease Control and Prevention (CDC): [wonder.cdc.gov](http://wonder.cdc.gov)
- Environmental Protection Agency (EPA): [epa.gov/outdoor-air-quality-data](http://epa.gov/outdoor-air-quality-data)
- Feeding America (FA): [map.feedingamerica.org](http://map.feedingamerica.org)
- National Assessment of Educational Progress (NAEP): [nationsreportcard.gov](http://nationsreportcard.gov)
- American Community Survey (ACS): [data.census.gov](http://data.census.gov)

More Information on LHIs

[health.gov/healthypeople](http://health.gov/healthypeople)

Contact for Questions

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