

Older Adult Health Profile, Age 60+

	DAVIS	UTAH
Demographics (2020)	%	%
Population Size (%)	54,532 (15.2)	531,808 (16.4)
Live Alone, Age 65+	19.2	22.1
Veteran Status (2019)	17.1	15.2
Households Receiving Food Stamps/SNAP	27.5	29.4
Employment Rate	33.3	31.6
Health Status (2019-2021)	%	%
Good Physical Health (less than 7 poor days)	80.9	80.9
Good Mental Health (less than 7 poor days)	87.1	87.8
Overweight or Obese (BMI 25+)	69.3	69.0
Prevalence of Asthma	10.2	9.3
Prevalence of Arthritis	51.4	48.3
Limited Activities Due to Arthritis or Joint Symptoms (2019)	37.2	38.7
Prevalence of High Blood Pressure (2019)	48.8	50.9
Prevalence of High Cholesterol (2019)	49.3	47.2
Prevalence of Diabetes	19.0	19.0
Prevalence of Depressive Disorder	18.9	18.3
Living With Any Disability	35.7	36.8
Disability Prevents Independent Living	6.3	7.2
Alzheimer's Disease Deaths (per 100,000 Population) (2020)	245.7	209.5
Fallen in the Past Year	30.9	29.6
Health Behaviors (2019-2021)	%	%
Current Cigarette Smoking	5.2	5.2
Heavy Drinking (2018-2021)	2.4	2.5
Met Daily Fruit Consumption: 2+ Servings	32.3	33.0
Met Daily Vegetable Consumption: 3+ Servings	8.7	11.0
Met Aerobic and Muscle Strengthening Recommendations (2019)	24.0	26.8
Physical Inactivity	25.2	23.6
Access to Healthcare (2018-2020)	%	%
No Health Insurance	3.0	3.7
Routine Medical Checkup in the Past Year	86.1	85.7
Routine Dental Healthcare in the Past Year	79.3	75.2
Screening & Prevention Services (2020)	%	%
Cholesterol Screening (2019, 2021)	95.6	95.4
Influenza Vaccination in the Past Year	66.9	65.7
Mammogram in the Past 2 Years	69.5	69.1
Pap Test in the Past 3 Years	54.0	49.0
Pneumococcal Vaccination, Ever Had	64.6	63.1
Shingles or Zoster Vaccine, Ever Had	48.8	48.7
Sigmoidoscopy or Colonoscopy, Ever Had	85.6	86.5
Communicable Disease (2019-2021)	Rate	Rate
COVID-19 Deaths (per 100,000 Population)	152.2	217.4
Influenza Hospitalizations (per 100,000 Population)	26.9	30.0
Norovirus Cases (per 100,000 Population)	5.1	6.9
Sexually Transmitted Infections (per 100,000 Population)	19.6	6.0
Streptococcus Infections (per 100,000 Population)	27.5	31.3

Strengths:

- 83% of older adults (age 60+) in Davis reported good to excellent overall health
- The average age at death in Davis County is 72.2 compared to 71.4 in Utah
- 97% of older adults in Davis have health insurance
- Cigarette smoking and heavy drinking in Davis County and Utah are lower than the U.S.
- Death rates from COVID-19 were significantly lower among older adults in Davis County than in Utah

Challenges:

- Alzheimer's death rates are higher in Davis than in both Utah and the U.S.
- Nearly half of older adults have one or more risk factors for heart disease and stroke
- The rate of sexually transmitted infections for Davis older adults is triple the Utah older adult rate
- 1 in 4 older adults met the recommendations for physical activity
- 1 in 10 older adults met vegetable recommendations
- Nearly 1 in 5 older adults have a depressive disorder
- The older adult population in Davis County is projected to more than double by 2060 suggesting future high demands on the healthcare system and caregivers

Notes: Data sourced from Utah's Public Health Indicator-Based Information System (IBIS), U.S. Census Bureau, CDC WONDER, Kem C. Gardner Policy Institute, and the Davis County Health Department. All indicators measure the age 60 and older (60+) population unless otherwise noted. Consider the wide impact of the COVID-19 pandemic when interpreting 2020 and 2021 data.